

Health and Well Being



Up coming Events in LCFE

- * **Fresh fruit and water** available **FREE** in Front Hall both mornings

October

- * **FREE Healthy Food Recipes** available in the Canteen

Thursday 10th
and

- * *
* Take a break and enjoy **Fun Board Games** available in our Canteen

Friday 11th
2019

- * **Sexual Consent Talks** taking place in the College on **Thursday the 10th**, -make sure you are signed up to attend!!!
- * **College Soccer Tournament** taking Place in UL Arena, on **Friday the 11th**, if not playing please go along and support your classmates.
- * Visit some of the **Information Stands** Present on the days in the Front lobby.



Limerick College of Further Education
Realising new futures